

16th ANNUAL MEETING OF THE **LEBANESE ORTHOPAEDIC SOCIETY**

October 3 - 5, 2019 | Hilton Beirut Metropolitan Palace

LOS Mobile Application:

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WELCOME LETTER



Dear Colleagues

It gives me great pleasure to welcome you to the "16th Annual Meeting of the Lebanese Orthopaedic Society".

This year we have an outstanding group of highly recognized and world renowned speakers from America and Europe who will cover a wide range of exiting and timely topics in the different disciplines of Orthopaedic surgery.

The program offers a 'best practice symposium' covering Radiology, Hematology and Endocrinology subjects for the Orthopaedic surgeon, a EuroSpine symposium orienting Orthopaedic surgeons towards research, a session for free papers and three workshops supervised by highly skilled international faculty.

During the meeting we will introduce the new Society online webpage, mobile applications and the interactive forum platform, which will be a major leap for bringing the whole Orthopaedic community together.

Your participation and support is essential to make this meeting a unique educational experience with an unparalleled array of topics, learning styles and expert viewpoints.

The exhibition is a great. Make sure to visit the exhibit hall and view the remarkable technological advances on display.

On behalf of the LOS Medical Board, I sincerely thank all of the Local and International speakers, organizing committee and the administrative team for all their efforts that culminated into this outstanding continuous medical educational activity.

I wish you all a productive meeting.

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Prof. Ramzi Moucharafieh, MD, FACS President of the Congress President of the Lebanese Orthopaedic Society



COMMITTEES

Lebanese Orthopaedic Society Board Members

Dr. Ramzi Moucharafieh - President Dr. Amer Abdallah - Vice President Dr. Antonio Chalhoub - Secretary Dr. Hadi Zein - Treasurer Dr. Chaouki Younes - Member Dr. Charif Mortada - Member Dr. Georges El Rassi - Member Dr. Haidar Jouni - Member Dr. Pierre Abou Sulaiman - Member

Chairmen of The Meeting

Dr. Ramzi Moucharafieh Dr. Amer Abdallah

Scientific Committee

Chairman: Dr. Ramzi Moucharafieh

Dr. Alain Akiki Foot and Ankle Dr. Amer Abdallah Knee Session Dr. Omar Baddoura Hip Session Dr. Firas Atallah Spine Session | in collaboration with EUROSPINE Dr. Ismat Ghanem Pediatric Session Dr. Ramzi Moucharafieh Trauma Session Dr. Georges El Rassi Sports Medicine Session



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Local Guest Speakers

Amer Abdallah Georges Abi Raad Ayman Assi Chahine Assi Mohammad Badra Maya Barakeh Hassan Baydoun Wissam Boueiry Raja Chaftari Elie Chammas Ali Chamseddine Rami El Abiad Joseph El Khalil Georges El Rassi Sami Faddoul **Riad Fakih** Emilie Fayad Ismat Ghanem Rachid Haidar Gaby Haykal Fouad labbour Rida Kassem Nour Khalil Khalil Kharrat Alfred Khoury Vatche Kourtian Nakhle Mehanna Ramzi Moucharafieh Charbel Moussalem Fadi Nasreddine Alex Nehmeh **Ziad Noun** Rami Rachkidi Amer Sebaaly Said Saghieh Joseph Wehbe l ebanon

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International Guest Speakers

Alain Akiki Switzerland Manuel Cassiano Neves Portugal Alessandro Castagna Italy Luke Cicchinelli Spain Wael Dandashli I IK Mohamed Darwich Oman Deborah Eastwood I IK losé Fid Brazil lames Ficke USA Jean-Alain Epinette France Switzerland Stephan Hefer Firas Husban lordan Switzerland Elvazid Mouhsine Ibrahim Obeid France lavad Parvizi LISΔ lean Louis Prudhon France Jean Paul Renaldi Italy Giampaolo Rinaldi Italv Rachid Salmi France Panayotis Soukakos Greece Duncan Tennent IК



MEETING AT A GLANCE

	THURSDAY, OCTOBER 03, 2019		
	EXHIBITION HALL (EMILE RIACHI)		
ROOM	Afif Nsouli Hall	Andre Fares Hall	
AM	Biotechni Workshop & Free Papers	Arthrex Workshop	
PM	Foot & Ankle	Synthes Workshop	

	FRIDAY, OCTOBER 04, 2019		
	EXHIBITION HALL (EMILE RIACHI)		
ROOM	Afif Nsouli Hall Roger Jawish Hall		
AM	Knee	Spine	
12:00	EUROSPINE Symposium Combined Session (Afif Nsouli Hall)		
PM	Нір	Pediatric	

	SATURDAY, OCTOBER 05, 2019		
	EXHIBITION HALL (EMILE RIACHI)		
ROOM	Afif Nsouli Hall	Roger Jawish Hall	
AM/PM	Trauma Sports Medicine		
12:30	Best Practice Mini Symposium Combined Session (Afif Nsouli Hall)		

THURSDAY, OCTOBER 03, 2019

PRE-CONGRESS WORKSHOPS

ARTHREX WORKSHOP (Andre Fares Hall)	09:00 - 13:00
SYNTHES WORKSHOP (Andre Fares Hall)	14:00 - 18:00



THURSDAY, OCTOBER 03, 2019

AFIF NSOULI HALL - AM

09:30 - 13:10	FREE ORAL PAPERS	
Moderators	Johnny Abdel Nour, MD - Amer Abdallah, MD - Ibrahim Obeid, MD	
09:30 - 09:40	A 3D ASSESSMENT of The Scoliotic Deformity in the Sagittal Spine in Adolescent Idiopathic Scoliosis	Elena Jaber
09:40 - 09:50	Are Alterations in Thoracic Kyphosis and Lumbar Lordosis in ASD more Pronounced at the Proximal or Distal Levels?	Karl Semaan
09:50 - 10:00	Association of Anemia and its Severity with Thirty-Day Composite Morbidity after Total Hip Arthroplasty	Muhyeddine Al-Taki
10:00 - 10:10	Bone health in Cancer Patients: Presumed Fragility and Lack of Prevention	Maroun Rizkallah
10:10 - 10:20	Comparing the Postoperative Transfusion Rate Among Primary, Single- Component Revision, and all-Component Revision Total Knee Arthroplasties	Muhyeddine Al-Taki
10:20 - 10:30	DDH Management from a Pediatrician Perspective	Anthony El Alam
10:30 - 10:40	Does the Induced Membrane Have Antibacterial Properties?	Sami Roukoz
10:40 - 10:50	Early onset Scoliosis: Pitfalls and Complications	Maroun Rizkallah
10:50 - 11:00	Fulcrum Bending Radiographs Estimate Surgical Outcomes Better than Side Bending Radiographs in Adolescent Idiopathic Scoliosis	Maroun Rizkallah

11:00 - 11:30 Break



THURSDAY, OCTOBER 03, 2019

AFIF NSOULI HALL - AM

11:30 - 11:40	How do Postural Parameters Vary During Gait in Children with Cerebral Palsy? A 3D Subject-Specific Skeletal Segment Registration Technique	Joe Ghanimeh
11:40 - 11:50	How do Postural Parameters Vary During Walking in Asymptomatic Adults? A Registration Technique of Subject-Specific 3D Skeletal Reconstruction During Gait	Joeffroy Otayek
11:50 - 12:00	How do Spino-Pelvic Deformities and Postural Malalignment in Adults Affect Gait Patterns?	Georges Kawkabani
12:00 - 12:10	How the Three-Dimensional Deformities of the Spine and the Rib Cage are Related in AIS?	Eddy Saad
12:10 - 12:20	Measurement of Biceps Tendon Retraction after Arthroscopic Tenotomy	Rami El Abiad
12:20 - 12:30	The Distribution of Prevalent and Incident Vertebral Fractures in the Teriparatide Versus Risedronate "VERO" Clinical Trial	Mohamed Taher
12:30 - 12:40	The Three-Dimensional Deformity in AIS Depends on the Type of Curvature	Aren Joe Bizdikian
12:40 - 12:50	Three-Dimensional full Body Postural Alignment in Subjects with AIS with Different Types of Curvature	Renée Maria Saliby
12:50 - 13:00	Towards Understanding the Hip-Spine Syndrome in Adults: A 3D Approach in Standing Position	Rhéa Nacouzi
13:00 - 13:10	Variation of the Sagittal Vertical Axis During Walking and its Determinants	Mario Mekhael



THURSDAY, OCTOBER 03, 2019

AFIF NSOULI HALL - PM

Registration

14:00 - 18:30	FOOT & ANKLE SESSION	
Moderators	Alain Akiki, MD - Georges Abi Raad, MD	
14:00 - 14:15	Volkman Triangle: Why to Address?	Alain Akiki, MD
14:15 - 14:30	Foot and Ankle Fractures Dilemma in Diabetic Population	Stephan Hefer, MD
14:30 - 14:45	Management of Malunion around the Ankle. What to Do?	Elyazid Mouhsine, MD
14:45 - 15:00	Talar Fractures: Evidence Based Algorithm	Alain Akiki, MD
15:00 - 15:15	Lateral Ankle Instability: Diagnosis and Treatment	Alain Akiki, MD
15:15 - 15:30	Medial Ankle Instability: Diagnosis and Treatment	Alain Akiki, MD
15:30 - 16:00	Coffee Break	
16:00 - 16:15	Percutaneous Calcaneal Osteotomy	Georges Abi Raad, MD
16:15 - 16:30	Calcaneo-Cuboidal Instability: Does it Exist?	Stephan Hefer, MD
16:30 - 16:45	Plantar Fasciitis: Current Concepts	Elyazid Mouhsine, MD
16:45 - 17:00	Potential Problems with Chevron Osteotomies	Alain Akiki, MD
17:00 - 17:15	How to Get a Perfect Akin Osteotomy	Stephan Hefer, MD
17:15 - 17:30	Failed MTP Fusion	Elyazid Mouhsine, MD
17:30 - 18:00	ABC of Flatfoot surgery	Luke Cicchinelli, MD
18:00 - 18:30	Shock Wave Treatment for Nonunion and Stress Fractures	José Eid, MD



AFIF NSOULI HALL - AM

08:00	Registration	
09:00 - 12:00	KNEE SESSION	
Moderators	Amer Abdallah, MD - Gaby Haykal, MD	
09:00 - 09:15	Tranexamic Acid for all TKA	Alex Nehmeh, MD
09:15 - 09:35	Cemented vs Uncemented TKA	Chahine Assi, MD
09:35 - 09:55	Fixed Bearing vs Mobile Bearing in TKA	Jean Louis Prudhon, MD
09:55 - 10:15	CPM vs No CPM after TKA	Gaby Haykal, MD
10:15 - 10:45	Coffee Break	
10:45 - 11:00	Does the Approach Matter in TKA	Rida Kassem, MD
11:00 - 11:20	Kinematic VS Mechanical Alignment in TKA	Jean Alain Epinette, MD
11:20 - 11:40	HTO VS UKA in Unicompartimental Knee Osteoarthritis	Jean Louis Prudhon, MD
11:40 - 12:00	Measured Resection vs Gap Technique for Gap Balance in TKA	Amer Abdallah, MD
12:00 - 13:00	EUROSPINE Symposium Combined Session (Afif Ns	ouli Hall)
12:00 - 12:15	Doing Medical Research with Limited Resources	Ayman Assi, PhD EUROSPINE Ambassador
12:15 - 12:20	Having the Opportunity to do Research from the Early Medical Years	Nour Khalil, MD
12:20 - 12:40	Clinical Research in Orthopedics what Should you Read and what Should you Publish	Rachid Salmi, MD
12:40 - 12:50	Opportunities for Training and Funding at EUROSPINE	Rachid Salmi, MD
12:50 - 13:00	Discussion	
13:00 - 13:30	Opening Ceremony	
13:30 - 14:30	Lunch Break	



AFIF NSOULI HALL - PM

14:30 - 17:40	HIP SESSION	
Moderators	Omar Baddoura, MD - Wael Dandashli, MD	
14:30 - 14:50	Classification of Short Stems	Jean-Alain Epinette, MD
14:50 - 15:10	Femoral Neck Retaining	Giampaolo Rinaldi,MD
15:10 - 15:30	Validation of Hypotheses. Are Short Stems Justified?	Jean-Alain Epinette, MD
15:30 - 15:50	When Does Femoral Neck Retention Offer an Opportunity	Giampaolo Rinaldi, MD
15:50 - 16:10	Will Short Stems Become the Gold Standard in Total Hip Arthroplasty?	Jean-Alain Epinette, MD
16:10 - 16:40	Coffee Break	
16:40 - 17:00	Hip Pain in Young Adults: Clinical Assessment & Principles of Management	Wael Dandachli, MD
17:00 - 17:20	Acetabular Dysplasia & the Role of Periacetabular Osteotomy	Wael Dandachli, MD
17:20 - 17:40	Osteoarthritis in the Young Adult Hip: Innovation in Hip Arthroplasty	Wael Dandachli, MD



ROGER JAWISH HALL - AM

08:00	Registration	
08:30 - 11:45	SPINE SESSION in collaboration with EUROSPINE	
Moderators	Firas Atallah, MD - Fouad Jabbour, MD	
08:30 - 08:45	Percutaneous Versus Open Treatment for Thoracolumbar Fracture in Ankylosing Patient	Charbel Moussalem, MD
08:45 - 09:00	How to Deal with a Flat Back	Khalil Kharrat, MD
09:00 - 09:15	Implants Failure in Pedicel Screw Fixation. Prevention and Revision Strategies	Nakhle Mehanna, MD
09:15 - 09:30	Current Concepts in Thoracic and Lumber Trauma	Fouad Jabbour, MD
09:30 - 09:45	Sacroiliac Joint Pain After Spinal Fusion	Joseph El Khalil, MD
09:45 - 10:00	Navigation and Robotics and Spinal Deformity Surgery	Ibrahim Obeid, MD
10:00 - 10:30	Coffee Break	
10:30 - 10:45	Revision Spine Surgery by Minimal Invasive Techniques	Firas Husban, MD
10:45 - 11:00	Osteoporatic Vertebral Fractures Conservative Treatments or Kyphoplasty	Rami Rachkidi, MD
11:00 - 11:15	How to Integrate Spinal and Pelvic Parameters in the Management of Adult Spinal Deformities	Amer Sebaaly, MD
11:15 - 11:30	Artificial Intelligence, the Future of Orthopedic Research	Ibrahim Obeid, MD
11:30 - 11:45	Endoscopic Lumbar Decompression for Stenosis	Mohammad Badra, MD
11:45 - 12:00	Past Present and Future of Adult Spinal Deformity Treatment	Ibrahim Obeid, MD



ROGER JAWISH HALL - AM

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13:00 - 13:30	Opening Ceremony (Afif Nsouli Hall)	
13:30 - 14:30	Lucnch Break	



ROGER JAWISH HALL - PM

14:30 - 17:30	PEDIATRIC SESSION	
Moderators	Ismat Ghanem, MD - Said Saghieh, MD	
14:30 - 14:45	Club Foot: How to Pick the Winners?	Deborah Eastwood, MD
14:45 - 15:00	CDH to DDH: More Than Just a Name Change?	Deborah Eastwood, MD
15:00 - 15:15	SCFE: Current Controversies	Deborah Eastwood, MD
15:15 - 15:30	Elbow Instability in Children	Manuel Cassiano Neves, MD
15:30 - 15:45	Perthes Disease. What's New and What's on the Horizon	Manuel Cassiano Neves, MD
<mark>15:45 - 16:15</mark>	Coffee Break	
16:15 - 16:30	DDH Screening: Universal US Vs Selective US. A European Perspective	Manuel Cassiano Neves, MD
16:30 - 16:45	Advances in 3D Modeling of the Musculoskeletal System	Ismat Ghanem, MD Ayman Assi, PhD
16:45 - 17:00	EOS Imaging: Where Do We Stand in 2019	Ismat Ghanem, MD
17:00 - 17:15	Bone Tumors: Which Ones Will Not Need Biopsy?	Said Saghieh, MD
17:15 - 17:30	Is Lenke Classification a Must for Planning Surgical Treatment of Idiopathic Scoliosis?	Rachid Haidar, MD



AFIF NSOULI HALL

08:00	Registration	
09:00 - 16:15	TRAUMA SESSION	
Moderators	Ramzi Moucharafieh, MD - Ali Chamseddine, MD	
09:00 - 09:15	Clavicle Nonunion Subsequent to Operative Fixation	Rami El Abiad, MD
09:15 - 09:30	Operative Versus Nonoperative Management of Proximal Humeurs Fractures: What is Best for Our Patients?	Ramzi Moucharafieh, MD
09:30 - 09:45	Proximal Humerus Plating with Construct Failure	Rami El Abiad, MD
09:45 - 10:00	Operative Versus Nonoperative Treatment of Isolated to Humerus Shaft Fractures	Joseph Wehbe, MD
10:00 - 10:15	MIPO vs ORIF of Humeral Shaft fx	Ali Chamseddine, MD
10:15 - 10:30	Management of Complex Elbow Fracture-Dislocation	Ali Chamseddine, MD
10:30 - 11:00	Coffee Break	
11:00 - 11:15	Mangled Extremity: Never Amputate on the First trip to OR	Panayotis Soukakos, MD
11:15 - 11:30	Short vs Long Cephalomedullary Nailing of Pertrochanteric Hip Fractures	Amer Abdallah, MD
11:30 - 11:45	Failed Subtrochanteric Femoral Fracture Managed with Intramedullary Nail	Said Saghieh, MD
11:45 - 12:00	Management of Nonunion Distal Femoral Fracture Status Post Locked Plating	Gaby Haykal, MD
12:00 - 12:15	Patella Fracture Fixation Failure	Hasan Baydoun, MD
12:15 - 12:30	Decision Making in High Energy Lower Extremity Trauma: Amputation vs Limb Salvage	James Ficke, MD



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12:30 - 13:30	Best Practice Mini Symposium Combined Session (Afif Nsouli Hall)	
12:30 - 12:50	Osteoporosis What do Orthopedic Surgeons Need to Know	Maya Barakeh, MD
12:50 - 13:10	DVT Prophylaxis for Orthopedic Trauma Patients	Elie Chammas, MD
13:10 - 13:30	How to Read MRI Scan	Sami Faddoul, MD
13:30 - 14:30	Lunch Break	
14:30 - 14:45	Femoral or Tibial Intramedullary Sepsis Post Intramedullary Fracture Fixation RIA vs Conventional Reaming Combined with Antibiotic Loaded Cement Spacer	Said Saghieh, MD
14:45 - 15:00	Bicondylar Tibial Plateau Fracture, Inadequate Medical Construct	Fadi Nasereddine, MD
15:00 - 15:15	Treatment of TIbial Fractures with Critical Size Defects	Raja Chaftari, MD
15:15 - 15:30	Complex Ankle Fractures: Syndesmosis /Posterior Malleolus / Trimalleolar / Associated Talus	James Ficke, MD
15:30 - 15:45	Comminuted Distal Fibular Fracture Malreduction	Luke Cicchinelli, MD
15:45 - 16:00	Ankle Syndesmotic Malreduction Requiring Surgical Resolution	Luke Cicchinelli, MD
16:00 - 16:15	Options for Managing Post-Traumatic Ankle Arthritis	James Ficke, MD



ROGER JAWISH HALL

08:00	Registration	
09:00 - 15:30	SPORTS MEDICINE SESSION	
09:00 - 12:30	SHOULDER	
Moderators	Georges El Rassi, MD - Hassan Baydoun, MD	
09:00 - 09:10	Rotator Cuff Pathology: MRI vs. Ultrasound	Emilie Fayad, MD Georges El Rassi, MD
09:10 - 09:20	The Role of the Acromion in Rotator Cuff Pathology	Georges El Rassi, MD
09:20 - 09:30	Should We Really Systematically Repair all the Rotator Cuff Tear?	Hassan Baydoun, MD
09:30 - 09:40	Does Glenoid Shape and Inclination Affect Rotator Cuff Tear?	Georges El Rassi, MD
09:40 - 09:50	Arthroscopic Repair of Delaminated vs. Non- Delaminated Rotator Cuff Tear: Technique and Results	Duncan Tennent, MD
09:50 - 10:00	Partial Rotator cuff Repair for Massive Tear: Does it Really Work?	Duncan Tennent, MD
10:00 - 10:10	PASTA Lesion: When and How to Treat it	Alessandro Castagna, MD
10:10 - 10:30	Clinical Case Discussion and Case Presentations	
10:30 - 11:00	Coffee Break	
10:30 - 10:40	Cost Effectiveness in the Treatment of Massive Irreparable RC Tears	Alessandro Castagna, MD
10:40 - 10:50	Shoulder Instability: Role of Arthroscopy in the Pediatric Age	Alessandro Castagna, MD
10:50 - 11:00	Influence of Screw Type and Length on Fixation of Anterior Bone Grafts for Shoulder Instability	Alessandro Castagna, MD
11:00 - 11:10	SLAP Lesions: Repair or Tenodesis	Ziad Noun, MD



ROGER JAWISH HALL

11:10 - 11:20	Posterior Shoulder Labral Tear: Clinical Presentation, Associated Lesions, Technique for Arthroscopic Repair	Georges El Rassi, MD
11:20 - 11:30	Update on Anterior Instability Lesions: Soft Tissue Repair	Georges El Rassi, MD
11:30 - 11:40	Anterior Shoulder Instability and Rotator Cuff Tear: Update in the Management in Young and Elderly People	Hassan Baydoun, MD
11:40 - 12:00	Clinical Case Discussion and Case Presentations	
12:00 - 12:10	Bone Grafting and Lateralization in RSA	Alessandro Castagna, MD
12:10 - 12:20	Current Options for Treatment of AC Joint Dislocation	Duncan Tennent, MD
12:20 - 12:30	A-C Joint Dislocation: How and when to Repair: Autograft? Synthetic Graft? Allograft?	Vatche Kourtian, MD

12:30 - 13:30	Best Practice Mini Symposium Combined Session (Afif Nsouli Hall)	
12:30 - 12:50	Osteoporosis What do Orthopedic Surgeons Need to Know	Maya Barakeh, MD
12:50 - 13:10	DVT Prophylaxis for Orthopedic Trauma Patients	Elie Chammas, MD
13:10 - 13:30	How to Read MRI Scan	Sami Faddoul, MD

13:30 - 14:30 Lunch Break



ROGER JAWISH HALL

14:30 - 16:20	KNEE	
Moderator	Alfred Khoury, MD	
14:30 - 14:40	Osteotomy around the Knee, New Knowledge, Indications	Riad Fakih, MD
14:40 - 14:50	Hight Tibial Osteotomy Without Bone Graft	Georges El Rassi, MD
14:50 - 15:00	Revision ACL Reconstruction: Technique, Indications and Results	Vatche Kourtian, MD
15:00 - 15:10	Unusual Revision of ACL	Alfred Khoury, MD
15:10 - 15:20	Lateral Subtle Instability of the Knee After Injury of the Lateral Corner	Alfred Khoury, MD
15:20 - 15:30	ACL Reconstruction Preserving the Remnant with all Inside	Georges El Rassi, MD
15:30 - 15:40	The Impact of Anterolateral Capsule Injury on the Rotational Laxity in the Anterior Cruciate Ligament Injured Knees	Alfred Khoury, MD
15:40 - 15:50	Meniscal Injuries Including Ramp Lesions with ACL Tear: Indications, Technique for Repair	Wissam Boueiry, MD
15:50 - 16:00	Repair of Medial Meniscus Extrusion: Does it Really Help to Prevent Osteoarthritis?	Wissam Boueiry, MD
16:00 - 16:20	Clinical Case Discussion and Case Presentations	
16:20 - 17:05	ANKLE	
Moderator	Wissam Boueiry, MD	
16:20 - 16:30	Last innovation in treating the ATFL, DO WE BRACE IT	Luke Cicchinelli, MD
16:30 - 16:40	Treating the Achilles of Modern Day Sportsman	Luke Cicchinelli, MD
16:40 - 16:55	Managing the Complex Distal Fibula Fracture	Luke Cicchinelli, MD

16:55 - 17:05 Clinical Case Discussion and Case Presentations



REGISTRATION INFORMATION

Lebanese Doctors

	Lebanese Orthopedic Doctors	Other Specialties
FEES	50\$	100\$
INCLUDING	Registration, Coffee Breaks, Lunch, Attendance Certificate, CME Credits	Registration, Coffee Breaks, Lunch, Attendance Certificate, CME Credits

International Doctors

FEES	300\$
INCLUDING	Registration, Coffee Breaks, Lunch, Attendance Certificate, CME Credits

Gala Dinner: 100\$ per person



LEBANON

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